



First Communion Roles and Responsibilities

Catechist-Shepherd

Goal: To assist and guide families on their journey in faith by aiding in the preparation of their children for the sacraments.

Duties:

- Check in regularly with families regarding their progress with the curriculum, ensuring that they remain on track and answering any questions they have.
- Offer guidance and additional resources, such as Blessed materials and any other useful supplemental materials they may need to better engage their children and encounter the faith together with them.
- Collect and review unit assessments as a means of ensuring progress.
- Conduct monthly sessions, including four specific “retreats” specified by the curriculum, in which unit assessments are collected, important elements from the previous weeks units are emphasized, and during which parents have an opportunity to meet with their catechist-shepherd and ask questions.
- Foster relationships with the families and help them grow closer in relationship with Christ through support and assistance in the sacramental process.
- Foster community by sharing experiences and ideas and allowing time for questions. Assist with First Reconciliation, the First Communion retreat, and First Communion itself.

Parents

Goal: To work with their children weekly to cover provided curriculum and engage in conversation regarding the material and their faith journey, helping children think about and grow in their relationship with Christ.

Duties:

- Spend 30-45 minutes weekly covering course material and helping their children complete the chapter assessments.
- Discuss any incorrect or partial answers to the assessments, using the time opportunity for further reflection and teaching.
- See to it that your child is present for each monthly meeting. At least one parent is to accompany them to the meeting.
- Make sure assessments are completed and submitted to your catechist-shepherd during the monthly sessions. The parent is responsible to ensure that work is completed and brought to class.