

## Introduction to the Sacraments

1. Worldview
  - a. Where did we come from?
  - b. Why are we here?
2. Popular worldviews
  - a. Gnosticism
  - b. Deism
  - c. Materialism
3. Biblical-sacramental worldview
  - a. Genesis 1:26-31
  - b. God's plan of salvation
4. Covenant = Sacrament (*Sacramentum*) = Mystery (*Mysterion*)
5. Elements of a sacrament (covenant)
  - a. Form
  - b. Matter
  - c. Effects
  - d. Responsibilities
6. Sacraments in the age of the Church
  - a. Visible signs
  - b. Invisible reality: Efficacious grace

- c. Necessary for salvation?
  - i. John 3:1-7
  - ii. John 6:51-58
- 7. Types of Christian sacraments
  - a. Sacraments of initiation: Baptism, Confirmation, Eucharist
  - b. Sacraments of healing: Reconciliation, Anointing of the Sick
  - c. Sacraments at the service of the Church: Matrimony, Holy Orders

## Baptism and Confirmation

### 1. Baptism

- a. Form: Matthew 28:19
- b. Matter
  - i. Water (immersion, pouring, sprinkling)
  - ii. Anointing with oil, candle, white garment
- c. Effects
  - i. Acts 2:38
  - ii. 1 Corinthians 12:13
- d. Responsibilities: Offices of Christ
  - i. Priest
  - ii. Prophet
  - iii. King

### 2. Gifts of the Holy Spirit

- a. Isaiah 11:1-3
- b. **We Can Know PUFF: Wisdom, Counsel, Knowledge, Piety, Understanding, Fortitude, Fear of the Lord**

### 3. Confirmation

- a. Form: "Be sealed with the gift of the Holy Spirit."
- b. Matter

- i. Anointing the forehead with oil
    - ii. Laying on of hands
  - c. Effects (See effects for baptism)
  - d. Responsibilities (See responsibilities for baptism)
4. Eucharist: Culmination of Christian initiation

## Prayer to the Holy Spirit

Come Holy Spirit,  
Fill the hearts of us Your faithful  
And kindle in us the fire of Your love.  
Send forth Your Spirit  
And we shall be created.  
And You shall renew the face of the earth.

O God, who by the light of the Holy Spirit,  
Instructs the hearts of the faithful,  
Grant, that by the same Holy Spirit,  
We may be truly wise  
And ever rejoice in His consolations,  
Through Christ our Lord.

Amen.