

Life in Grace: Our Roadmap to Heaven

Week 4: Freedom and Virtue

- Human flourishing and freedom
- The moral law
 - The Ten Commandments: Exodus 20:1-17)
 - The Beatitudes: Matthew 5:3-12
- The virtues
 - Philippians 4:8
 - *Catechism of the Catholic Church* 1804
- Cardinal virtues (Wisdom 8:6-7)
 - Prudence
 - Justice
 - Fortitude
 - Temperance
- Theological virtues (1 Corinthians 13:13)
 - Faith
 - Hope
 - Love (Charity)
 - Saint Augustine: “Love is itself the fulfillment of all our works. There is the goal; that is why we run: we run toward it, and once we reach it, in it we shall find rest.”
 - 1 Corinthians 13:1-8