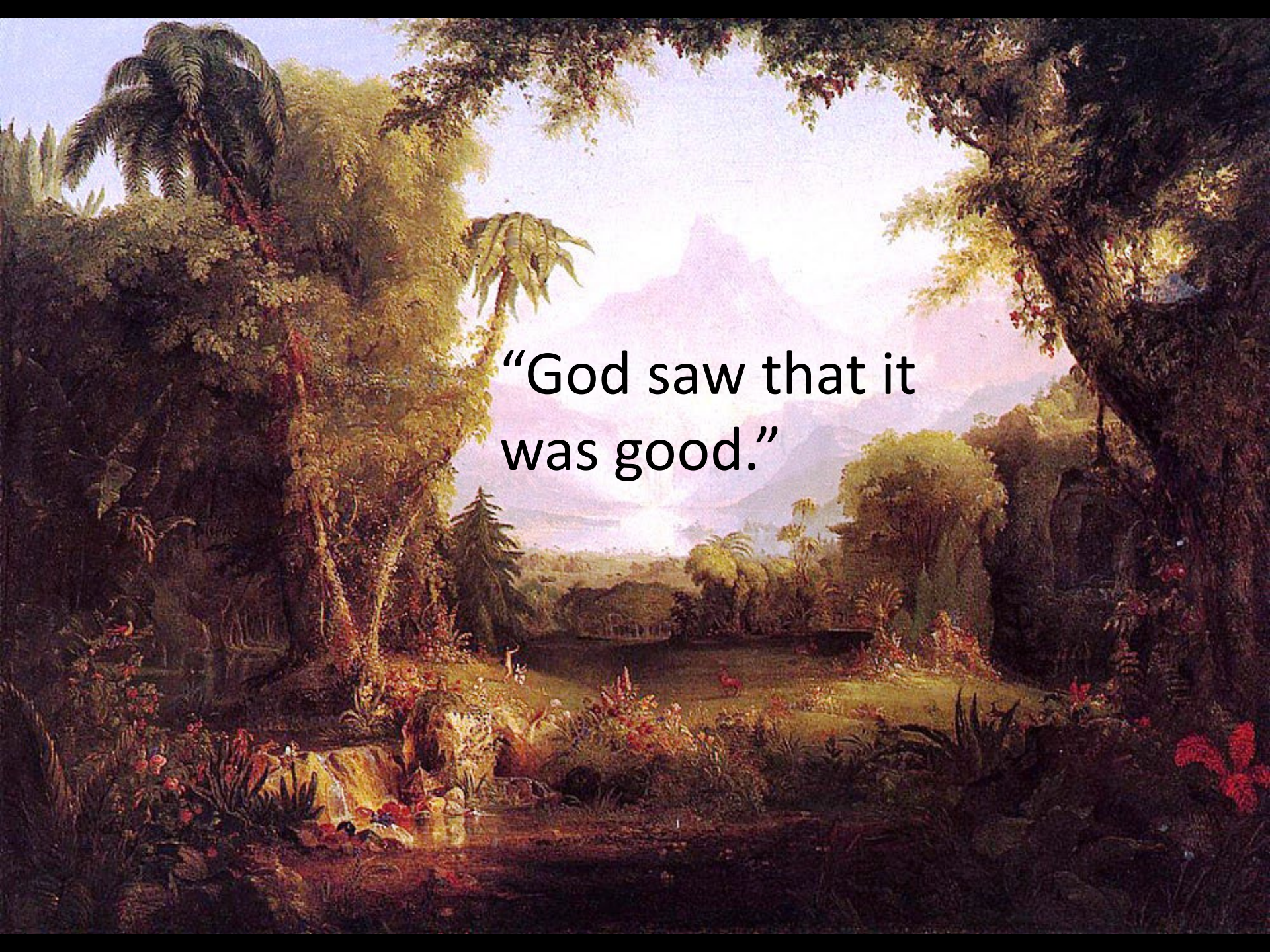


# The Sacrament of Reconciliation

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MYSTERIOUS ENCOUNTERS: UNVEILING THE  
POWER OF THE SACRAMENTS | WEEK 4

A detailed painting of a lush tropical landscape. In the foreground, a small waterfall cascades over rocks into a pool, surrounded by dense, vibrant vegetation including various ferns and tropical plants. A path leads through the forest towards a clearing. In the background, a range of mountains is visible under a soft, hazy sky. The overall scene is rich in detail and color, capturing a sense of a paradisaical environment.

“God saw that it  
was good.”



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“God created mankind in his image; in the image of God he created them; male and female he created them.”  
Genesis 1:27



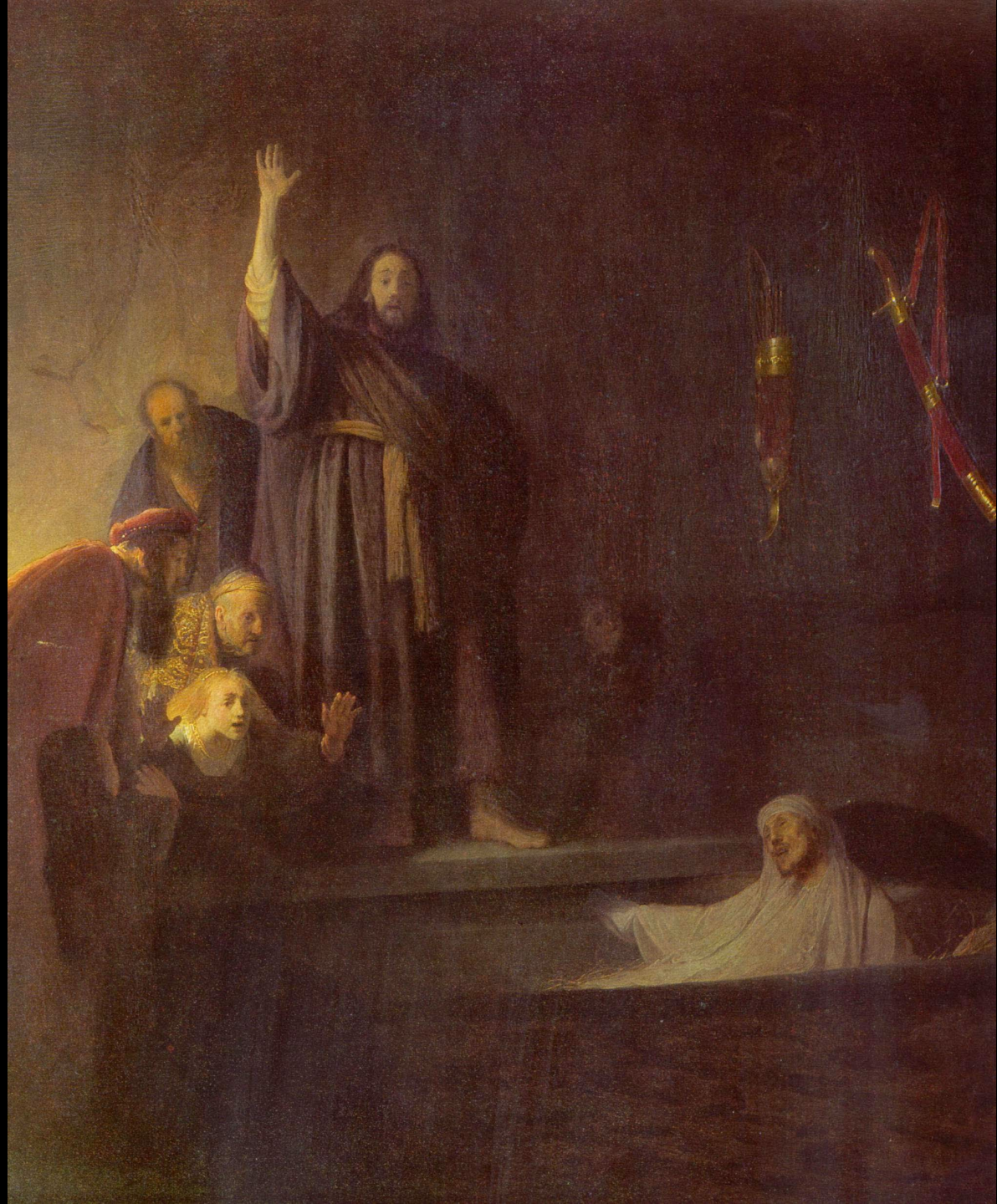












Sacraments  
of Healing

Reconciliation and  
Anointing of the Sick

*Catechism of the  
Catholic Church*  
1420-1532

Sacrament of  
Reconciliation

Confession

Penance

DOWNWARD-  
PULLING  
TENDENCY  
TOWARD SIN

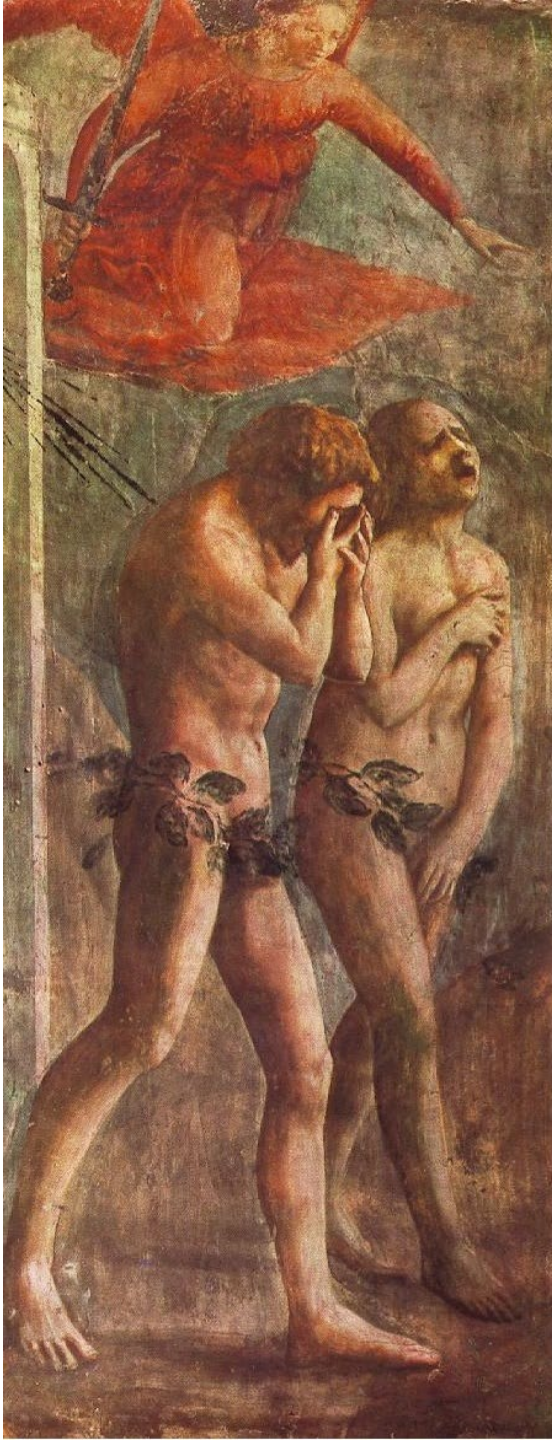


# Concupiscence



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“[T]here are water and tears: the water of Baptism and the tears of repentance.”  
Saint Ambrose



# Effects of Sin

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Damages or kills life  
of grace in soul

Wounds the Body of  
Christ, the Church

Mortal Sin  
vs.  
Venial Sin

“All wrongdoing is sin, but there is sin that is not deadly.”  
1 John 5:17

Institution  
of the  
Sacrament

**John 20:19-23**





# Required Acts of the Penitent

## Contrition

- Perfect
- Imperfect

Confession of all  
grave sins

Satisfaction



Matter

# Form

“...and I absolve you from your sins in the name of the Father, and of the Son and of the Holy Spirit.”

“May...God...forgive you both in this life and in the next ...”



# Effects

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Reconciliation with God and restoration of grace

Reconciliation with the Church

Remission of eternal and (at least in part) temporal punishment

Consolation

Strength for Christian battle



Examine conscience

Be sorry for sins

Resolve to avoid sin

In the confessional:

- Open with time since last confession
- Confess sins
- Receive penance
- Pray Act of Contrition
- Receive absolution

Do penance